

#1 NEWSLETTER

October 2023



SO-WELL-AWARE

RAISING AWARENESS FOR SCHOOL WELL-BEING

SO-WELL-AWARE

Raising awareness for school well-being: Training primary and secondary teachers how to monitor emotional wellbeing, social inclusion, and academic self-concept of students.

The project aims to support teachers' awareness and skills to promote students' well-being in inclusive schools. Teachers are supported to expand their ability to assess and promote well-being of their students (8-12 years old). Furthermore, the project contributes to enhancing ICT-skills of teachers by supporting them to use open educational resources in the context of school well-being. Finally, the project aims to supporting students who are at risk or with low levels of well-being in school.



The SO-WELL-AWARE project started in September 2022. The SO-WELL-AWARE package will include an easy-to-use online assessment tool that is accompanied with an online manual and a training package, containing knowledge on the relevance of school well-being as well as methods and material to promote students' well-being in class. The assessment tool with its manual and the promotion package will be introduced in the context of a theoretically sound, highly field-oriented teacher training program. We started with a comparative desk research on already conducted programs on the promotion of school well-being. The purpose was to identify success factors for students' social participation. Currently, we are bringing the results together to design our SO-WELL-AWARE Promotion Package which will be presented to primary and secondary school teachers in the four participating countries in autumn 2024.

Visit our website to get detailed information on our project!

 **Website:**
<https://so-well-aware.univie.ac.at/>

Coming up!

We are working on an open resource Online Tool to identify and promote school well-being. We are planning four Teacher Trainings in autumn 2024 in Luxembourg, Austria, Finland, and Portugal.

You can find the final tool on our website in August 2025 and use it for free!

E-Mail:

mireille.krischler@uni.lu	hannu.savolainen@uef.fi
katharina.jakob@univie.ac.at	pcdias@ucp.pt
susanne.schwab@univie.ac.at	carmen.zurbriggen@unifr.ch



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